Steubenville City Schools Lunch Menu Our menuis subject to change due to availability of food and school closure! This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
					Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
3 Chicken Strips Mixed Veg Fruit Milk Bun	4 Calzone Salad Fruit Milk	5 Salisbury Steak Mashed Potatoes Peas Fruit Milk Roll	6 Pizza Green Beans WG Cookie Fruit Milk	7 Chicken Patty Corn Fruit Milk Bun	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
10 Hot Dog Tator Tots Fruit Milk Bun	11 Beef Nachos Corn Fruit Milk	12 Pasta w/ Meat Sauce Salad Fruit Milk Garlic Stick	13 Pizza stick Green Beans WG cookie Fruit Milk	14 Sloppy Jo Buttered Noodles Carrots Fruit Milk Bun	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
17 No School!	18 Cheese Burger w.g. Chips Fruit Cookie Milk Bun	19 Grillrd Cheese Soup Fruit Milk	20 Pizza Green Beans WG cookie Fruit Milk	21 French Toast Sausage Hashbrown Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
24 Chicken Nuggets Mac & Cheese Broccoli Fruit Milk	25 Meatball Sandwich Vegtable Fruit Milk Bun	26 General Tso Rice Broccoli Fruit Milk	27 Pizza Stick WG cookie Salad Fruit Milk	28 Steak Hoagie Carrots/Ranch Fruit Milk Bun	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

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